

Contact Professional & Continuing Education The University of Memphis 101 Brister Hall
Info: Memphis, TN 38152 901.678.6000 (voice) 901.678.2430 (FAX)
umce@memphis.edu http://umce.memphis.edu

Printer Friendly Version

Swing Dance - Balboa I: The Beginning

Course Status Not Yet Available

Course Code RDA0161W10

Description A more advanced and stylized form of swing dance, Balboa relies heavily on good connection, strong body leads, complete weight shifts, and proper frame. Music speeds can vary from 100 to 300 beats per minute. Leather-soled shoes are a MUST in Balboa, as the faster songs allow no time for stepping whole steps in this eight-count dance. In this course, we will start with the basics and build as a progressive lesson, so this is oriented to the beginning swing dancer. You don't have to have a partner to register but you can bring one for only \$30! Use DANCE as your promo code when you register the second person.

Days W

Dates 4/07/10 - 4/28/10

Times 7:30 PM-9:00PM

of Hours 6

Teacher Lindy Hop, Red Hot

CEU(s) Earned 0.6

Location UofM Main Campus

Fee(s)

Course Fee \$ 59

Total Fees \$ 59